

A Week of
Creativity,
Expression &
Imagination
Activity Pack


bloomroom
★ PREMIUM ★

Exploring
creativity and
imagination
through flowing,
colorful, joyful
experiences.

The Creative CURRENT

Exploring creativity and imagination
through wondering, building, inventing, and making.



thegroacademy.com/bloomroom



Express
Yourself



Notice &
Observe



Move &
Imagine



Experiment &
Discover



Create
Together



Follow Your
Flow



Welcome to *The Creative Current*

Children are natural creators. Every color they choose, every movement they make, and every idea they explore is another way of sharing who they are with the world.

This week celebrates the joy of self-expression. Through playful, hands-on experiences, children will explore color, movement, music, nature, and open-ended creativity while discovering that there is no single "right" way to create. Every child brings something wonderfully unique to the experience.

Whether they're painting what music feels like, creating with natural treasures, moving like the world around them, or sharing their own original ideas, every activity encourages children to experiment, make choices, and enjoy the creative process together.

So gather your favorite materials, follow your imagination, and see where your creative current takes you.

Happy creating! ♥
the gro academy
team

Home Extension: Express This!

Expressing ideas without words

About This Activity:

Children communicate in many different ways. In this playful family game, take turns expressing ideas using movement, facial expressions, and sounds instead of words. As you laugh, guess, and play together, you'll discover that every person has their own unique way of expressing themselves.

Materials:

- Imagination
- Open space for movement

Instructions:

1. Choose something to express, such as an animal, weather, a feeling, or an everyday action.
2. Express your idea using movement, facial expressions, or sounds—without using words.
3. Guess what each family member is expressing.
4. Take turns choosing new ideas and expressing them in different ways.
5. Celebrate each person's creativity and unique way of communicating.

Infant & Toddler Adaptation:

Choose simple movements, sounds, or facial expressions for your child to imitate, such as clapping, stretching, pretending to yawn, or flapping like a bird. Celebrate every attempt to copy, explore, and express themselves while keeping the experience playful and encouraging.

Developmental Connections:

- **Health & Physical:** Body awareness • Coordinated movement • Expressive movement
- **Literacy & Language:** Nonverbal communication • Observation • Interpreting expressions
- **Social & Emotional:** Self-expression • Turn-taking • Confidence • Empathy

Color Chasers

Discovering color in the world around us

About This Activity:

Color is everywhere—woven through nature, hidden in everyday objects, and waiting to be discovered. In this open-ended exploration, children become Color Chasers as they search for colors that catch their attention. As they observe, collect, compare, and share their discoveries, they begin to see the world through a more curious and creative lens.

Materials:

- Collection baskets or trays
- Natural loose parts (leaves, flowers, stones, sticks, seed pods, feathers, etc.)
- Color collection mats (optional)
- Clipboards (optional)
- Outdoor or classroom exploration space

BloomRoom Invitation

"I wonder which colors are waiting to be discovered today. Which ones catch your eye? Which colors make you stop and take a closer look?"

Instructions:

1. Invite children to become Color Chasers and explore the classroom or outdoor environment.
2. Encourage each child to look for colors that stand out or spark their curiosity.
3. Collect interesting natural treasures or choose classroom objects to observe more closely.
4. Arrange discoveries by color, pattern, or any way that makes sense to the child.
5. Share observations by talking about favorite colors, surprising discoveries, and the different ways everyone chose to explore.

Continue →

Facilitator Focus

Creativity begins with noticing. Rather than encouraging children to find specific colors or collect one of every shade, invite them to follow their own curiosity. Celebrate every observation and encourage children to explain what caught their attention.

Conversation Starters

- What color caught your attention first?
- Did you find any colors that surprised you?
- Which colors do you enjoy looking at the most? Why?
- How are your discoveries different from your friend's?
- What colors would you like to use to create something?

Infant & Toddler Adaptation:

Offer young children a small basket and invite them to notice and collect a few safe natural treasures or colorful classroom objects. Name the colors they discover together, encourage pointing and simple words, and celebrate their curiosity as they explore with their senses.

Developmental Connections:

- **Cognitive**

Coordinating whole-body movement during exploration • Strengthening fine-motor control while gathering and arranging materials • Using visual tracking to locate colors in the environment

- **Health & Physical**

Building descriptive color vocabulary • Sharing observations and discoveries with others • Expressing ideas using comparative language

- **Literacy & Language**

Recognizing and comparing colors in natural environments • Sorting and classifying objects by color • Noticing patterns and visual relationships



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Color Chasers

Color Collection Cards

Explore the world
one color at a time.



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Facilitator Guidance

Supporting Exploration, Creativity & Connection

Thank you for bringing creativity, curiosity, and wonder into your learning environment! This guide is here to help you feel confident as you introduce and explore this activity with the children.



Purpose



The Color Collection Cards invite children to explore the world through color!

This activity supports creativity, observation, language, and inquiry as children collect, sort, and notice the colors all around them.



How to Use

- 1 Choose a color card together.
- 2 Head outdoors or explore your indoor space.
- 3 Children collect natural or classroom items that match the color.
- 4 Place treasures on the card or in the collection boxes.
- 5 Talk about your discoveries!



Encouraging Exploration



- Follow the child's lead and celebrate their ideas.
- Ask open-ended questions.
- Notice small details and talk about what you see.
- Value the process over the outcome.
- Make it joyful and playful!

Learning Connections

- Supports color recognition and vocabulary
- Encourages observation and attention to detail
- Builds sorting, categorizing, and early math skills
- Strengthens creativity and self-expression
- Fosters curiosity, wonder, and a love of nature



Inclusion & Belonging

Every child experiences colors in their own beautiful way. Offer a variety of materials and allow children to explore freely, make choices, and express themselves.



Tips for Success

- Keep materials accessible.
- Invite children to add their own ideas.
- Revisit favorite colors often.
- Display collections and celebrate discoveries!
- Most of all—have fun together!



Materials You Can Use



Leaves, petals, rocks



Twigs, pinecones, seeds



Feathers, shells, acorns



Buttons, beads, fabric



Crayons, paper, craft items



Loose parts & classroom materials



Every color tells a story. Every discovery matters.



Thank you for helping children discover the world through curiosity.

RED

What can you find?

Collect natural treasures or
classroom objects that are
red and discover.

ORANGE

What can you find?

		

Collect natural treasures or
classroom objects that are
orange and discover.



YELLOW

What can you find?

		

Collect natural treasures or
classroom objects that are
yellow and discover.

GREEN

What can you find?

Collect natural treasures or
classroom objects that are
green and discover.

BLUE

What can you find?



Collect natural treasures or
classroom objects that are
blue and discover.

PURPLE

What can you find?

Collect natural treasures or
classroom objects that are
purple and discover.



BROWN

What can you find?



Collect natural treasures or
classroom objects that are
brown and discover.

WHITE & GRAY

What can you find?

Collect natural treasures or
classroom objects that are
white and gray and discover.



If Colors Could Dance

Exploring movement through music and color

About This Activity:

Music has a wonderful way of bringing imagination to life. In this joyful experience, children choose a color and imagine how it might move as they dance, twirl, stretch, and sway with scarves or lightweight fabrics. As movement flows into open-ended art, children discover that creativity can be seen, felt, and expressed in many different ways.

Materials:

- Movement scarves, ribbons, or lightweight fabric squares
- Instrumental music
- Music player
- Large paper
- Washable paint
- Paintbrushes, rollers, or other open-ended painting tools
- Smocks (optional)

BloomRoom Invitation

"Choose a color and listen closely to the music. If your color could dance, how would it move? Would it twirl, float, swirl, stretch, or surprise us with a brand-new movement? What do you think your color is waiting to show you?"

Instructions:

1. Invite each child to choose a colorful scarf, ribbon, or lightweight fabric.
2. Play a piece of instrumental music and encourage children to imagine how their chosen color wants to move.
3. Explore movement by twirling, floating, stretching, swirling, gliding, or creating entirely new ways for the color to come alive.
4. Transition to the art area and invite children to use paint and open-ended materials to create the movements they experienced.
5. Share artwork together and celebrate the many unique ways colors inspired movement, imagination, and creativity.

Continue →

Facilitator Focus

There is no right way for a color to move. Encourage children to interpret colors through their own imaginations rather than demonstrating specific movements. Celebrate every unique idea and remind children that creativity grows through exploration, experimentation, and self-expression.

Conversation Starters

- How did your color choose to move?
- What part of the music inspired your movements?
- How did your painting remind you of your dance?
- Did anyone's color move differently than yours?
- What other colors would you like to explore?

Infant & Toddler Adaptation:

Offer scarves or lightweight fabrics for infants and toddlers to wave, shake, or gently toss while listening to music. Describe their movements using simple language and invite them to explore how different motions create different experiences.

Developmental Connections:

- **Health & Physical**

Coordinating whole-body movements through dance and exploration • Developing balance, coordination, and body awareness • Strengthening motor planning through expressive movement

- **Literacy & Language**

Expressing ideas through movement and artistic choices • Building descriptive vocabulary while discussing music, movement, and color • Sharing creative interpretations with others

- **Social & Emotional**

Expressing feelings and ideas through creative movement • Building confidence through open-ended exploration • Appreciating different perspectives and creative expressions

Surprise Studio

Experimenting with colors, tools, and creative surprises

About This Activity:

Some of the most exciting discoveries happen when we try something new. In Surprise Studio, children experiment with paint, unusual tools, and unexpected combinations to see what happens. As they explore without worrying about perfect results, they discover that every choice can lead to a new idea, a surprising discovery, or a beautiful beginning.

Materials:

- Washable paint in a variety of colors
- Large paper
- Paint trays or palettes
- Water Cups
- Paper Towels
- Open-ended painting tools (sponges, cardboard pieces, cotton swabs, combs, bubble wrap, toy wheels, feathers, leaves, etc.)
- Smocks (optional)

BloomRoom Invitation

"Welcome to Surprise Studio! Today there are no wrong ideas—only new discoveries. Choose a tool that catches your eye, explore the paint, and let's see where your imagination takes you."

Instructions:

1. Invite children to explore a variety of open-ended painting tools and materials.
2. Encourage them to experiment with different colors, textures, and techniques without trying to create a particular picture.
3. Observe together as new patterns, marks, and color combinations begin to appear.
4. Continue experimenting by changing tools, layering colors, or trying new ideas throughout the creative process.
5. Share discoveries by talking about favorite surprises, unexpected results, and new ideas children would like to explore next.

Continue →

Facilitator Focus

The goal isn't to create a finished masterpiece—it's to create a space where children feel comfortable exploring new ideas. Resist the urge to "fix" artwork or suggest better ways to use the materials. Instead, celebrate curiosity, experimentation, and the discoveries children make along the way.

Conversation Starters

- What surprised you while you were creating?
- Which tool was your favorite to explore? Why?
- Did anything happen that you weren't expecting?
- What would you like to try next?
- What new discovery did you make today?

Infant & Toddler Adaptation:

Offer one or two simple painting tools at a time and encourage young children to explore the marks, textures, and colors they create. Focus on the sensory experience and celebrate every discovery as they experiment with different movements and materials.

Developmental Connections:

- **Approaches to Learning:**

Exploring new materials with curiosity and confidence • Demonstrating flexible thinking while experimenting with different ideas • Persisting through trial, discovery, and creative problem-solving

- **Health & Physical**

Strengthening fine-motor control through open-ended tool exploration • Developing hand-eye coordination while experimenting with different painting techniques • Refining hand and finger movements through creative mark-making

- **Social & Emotional**

Building confidence through open-ended creative exploration • Developing resilience by embracing unexpected outcomes • Expressing individuality through original artistic choices

Piece by Piece

Building creativity through shared ideas

About This Activity:

Every child brings something special to the creative process. In this collaborative studio experience, children contribute their own ideas to a shared work of art while noticing, responding to, and building upon the creations of others. As the artwork grows piece by piece, they discover that creativity becomes even more meaningful when ideas are shared, celebrated, and explored together.

Materials:

- Large roll of paper or oversized poster paper
- Washable paint
- Paint trays or palettes
- Paintbrushes
- Open-ended painting tools (optional)
- Natural loose parts (optional)
- Smocks (optional)

BloomRoom Invitation

"Today we're creating one big artwork together. You can begin anywhere that inspires you. As you create, look closely at the ideas growing around you. I wonder how your idea might connect with someone else's to help our artwork grow, piece by piece."

Instructions:

1. Invite children to gather around a large shared piece of paper placed on the floor or a large table.
2. Encourage each child to begin creating in any space that inspires them using paint and open-ended materials.
3. Notice the ideas developing around the artwork and invite children to extend, connect, or respond to one another's creations in their own unique ways.
4. Continue creating together, celebrating every contribution as the artwork grows and changes.
5. Reflect as a group by exploring how many different ideas came together to create something no one could have created alone.

Continue →

Facilitator Focus

Collaboration doesn't mean everyone creates the same thing. Encourage children to notice one another's ideas while still expressing their own. Celebrate moments when children naturally connect, extend, or build upon someone else's work, reminding them that creativity grows stronger when ideas are shared.

Conversation Starters

- What idea did you add to our artwork?
- Did someone's idea inspire you to try something new?
- How did our artwork change as everyone contributed?
- What surprised you as the artwork grew?
- What makes creating together different from creating by yourself?

Infant & Toddler Adaptation:

Offer a large shared painting surface where young children can safely explore side by side. Encourage simple interactions by noticing one another's marks, colors, and movements while celebrating every contribution to the shared artwork.

Developmental Connections:

- **Approaches to Learning:**

Building upon the ideas of others through flexible thinking • Demonstrating persistence as collaborative artwork evolves • Exploring multiple solutions through shared creativity

- **Literacy & Language**

Sharing ideas and creative thinking with peers • Using descriptive language to talk about artwork and observations • Listening and responding to others during collaborative conversations

- **Social & Emotional**

Building confidence while contributing to a shared experience • Developing respect for others' ideas and creative choices • Practicing cooperation through collaborative art

Follow the Flow

Following inspiration wherever it leads

About This Activity:

Every creative journey is unique. In this open-ended invitation, children revisit the ideas, materials, and experiences that inspired them throughout the week before choosing their own creative path. As they follow their curiosity and create freely, they discover that imagination grows when they trust their own ideas and let creativity flow naturally.

Materials:

- Open-ended art materials from previous activities
- Washable paint
- Drawing and collage materials
- Loose parts and natural materials
- Recycled building materials (optional)
- Glue and scissors (as appropriate)
- Large and small paper
- Smocks (optional)

BloomRoom Invitation

"This week you've explored, experimented, imagined, and created in so many different ways. Today, there isn't a right place to begin—just follow the flow of your ideas. Where will your creativity take you?"

Instructions:

1. Invite children to revisit the art materials, tools, and creative experiences explored throughout the week.
2. Encourage each child to choose the materials or ideas that inspire them most.
3. Create freely without a specific goal, allowing children to follow their own ideas as they grow and change.
4. Support children by asking open-ended questions that encourage reflection rather than directing their work.
5. Celebrate each unique creation by inviting children to share the story of their creative journey.

Continue →

Facilitator Focus

This activity is an opportunity for children to bring together everything they've explored throughout the week. Rather than suggesting what they should create, encourage them to trust their own ideas, revisit favorite experiences, and follow their curiosity wherever it leads. Celebrate the creative journey just as much as the finished work.

Conversation Starters

- What inspired your idea today?
- Did you use something you explored earlier this week?
- How did your idea change as you were creating?
- What part of your creation are you most excited about?
- Where do you think your creativity will take you next?

Infant & Toddler Adaptation:

Offer a small selection of familiar art materials and invite young children to explore them freely. Follow their interests, describe their discoveries, and celebrate every choice they make as they experiment through open-ended play.

Developmental Connections:

- **Approaches to Learning:**

Demonstrating curiosity through self-directed exploration • Making independent choices during the creative process • Persisting as ideas develop and change

- **Literacy & Language**

Building confidence through independent creative decision-making • Expressing individuality through open-ended art experiences • Developing a positive sense of self as a creative learner

- **Social & Emotional**

Describing ideas, choices, and creative processes • Reflecting on creative experiences through conversation • Sharing personal stories and inspiration with others